

***Good Afternoon  
Quinney Cougars***



# April = Safety

It is our responsibility as Quinney Cougars to treat others with RESPECT and not Bully others!

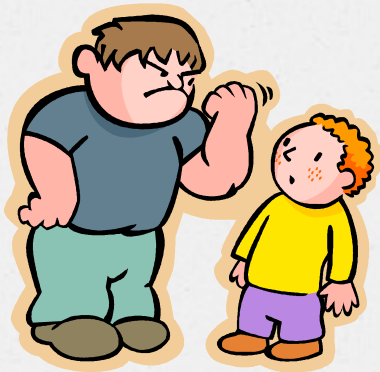


We will be learning  
about important ways  
to keep Quinney  
School...

**Safe and  
Bully Free**

# What is BULLYING?

- When someone has power over another person and they choose to use that power to hurt other people. Often it is repeated, words or actions that hurt others' feelings and/or their body.



# Difference between BULLYING and MEAN behavior

1. Not repeated or aggressive
2. No power over other person

# Bully Prevention

What do we do if it happens to us or see it happening to others:



o Stop

o Walk



o Talk



# Stop

Show the hand signal and say “**Stop!**”

- o Your palm should be facing the other person.
- o Your hand should be closer to your body than the other person’s body.
- o Say “Stop” in a serious and firm voice.

# Walk

Walk away from the bully.

- o If the behavior continues, walk away.
- o Say nothing more, just walk away.





# Talk



Report the problem to an adult.

- o If the other person continues even after you walk away, tell an adult.
- o Tell them what the other person was doing, that you showed the hand signal, said stop, and walked away.

What should you do if you are  
the bully or someone tells you to  
stop?





# Stop

When you see the hand signal, stop!

- When someone shows you the signal and says stop, you must stop.
- Even if you think you are just kidding around and not bullying, you must stop.



# Quinney School Pledge

I pledge today to respect myself, others and property too.

I promise to have a positive attitude and expect the best in all I do.

I'll listen when adults speak, and follow every rule.

I pledge I'll be a good citizen in my class and in my school.

Today's Game...

The BULLY  
Bowl!