

Parents' Guide to

School Lunch 2018-2019

The Kaukauna Area School District participates in the National School Lunch Program under a contract with Chartwells School Dining Service. Students may purchase lunch every day or as often as they like. Students may bring a cold lunch if they prefer. We aim for our lunch program to be simple-to-use, appealing, and nutritious. Please consult this flyer for lunch program guidelines.

Our Goal

Menus are planned with a goal of providing a variety of nourishing items at an affordable price. Community food preferences are considered so that students will like the choices that are offered. Students are encouraged to try different foods and to use the cafeteria as a learning laboratory for making nutritious choices.

Offer-versus-Serve

KASD provides Offer-versus-Serve, which is a serving method that allows students to take foods that they will eat. The intent of Offer-versus-Serve is to allow students the right to refuse food items they do not like or do not plan on eating with the exception being that students must take one fruit or vegetable to comply with USDA guidelines. Offer-versus-Serve helps increase student acceptability and decrease food waste.

The Breakfast Menu

Breakfast is offered at all schools. All Elementary schools offer Breakfast in the Classroom. High school and Middle school students have breakfast offered in the cafeteria and may select up to 4 of the food items offered.

*Breakfast Prices

Elementary	\$1.55
River View Middle School	\$1.80
Kaukauna High School	\$1.80

The Lunch Menu

A nutritious lunch is provided every school day in all schools. A reimbursable lunch consists of an entrée (protein), vegetable, fruit, grains, and milk. Students may select three, four, or five of the offered items with one being a fruit or vegetable to make a reimbursable meal.

Elementary Schools offer an entree, fresh and frozen vegetables, canned and fresh fruits and milk. Extra milk is available to purchase for \$0.40.

River View Middle School and Kaukauna High School offer a choice of hot entrées, hot sandwiches, deli subs, wraps, salads, vegetables, canned and fresh fruits and milk.

*Lunch Prices for reimbursable meal

Elementary	\$2.70
River View Middle School	\$2.95
Kaukauna High School	\$2.95
Premium Meal	\$3.65

A la carte option: the a la carte option at River View Middle School and Kaukauna High School consists of individual sales of various snacks, fresh fruits, vegetables, juice, water, milk and dessert items.

Important Numbers...

Leslie Willems	Chartwells Dining Service Director ...920-759-6121
Pam Mischler	Dining Services Office..... 920-759-6122
Bob Schafer	Financial Officer.....920-759-6104
Mark Duerwaechter	District Administrator.....920-766-6100

To ensure your child has lunch and breakfast waiting...



**Pre-pay for meals with Cash Check or On-Line Payments*

The KASD suggests that parents pay in advance for school meals and milk. You can send cash or check on a weekly, monthly, or semester basis for deposit in the Student Lunch Account. You may also pay on-line using the Parent Portal System.

- Put cash or a check (payable to the KASD) in an envelope. On a separate sheet OR on the outside of the envelope, write the names of your children and their Student ID Numbers. Put the envelope in the locked drop box by each school office.
- OR, mail your lunch money to:
KASD Dining Services
1701 Cty Hwy CE
Kaukauna, WI 54130
- To have money in your child's account on the first day of school, please make a deposit by September 1, 2016.
- During the school year, money received in the morning will be recorded in time for the **next day's** lunch.
- Students who qualify for free or reduced-price meals get one reimbursable breakfast and lunch each day. This does not include milk for someone bringing a cold lunch. To purchase second helpings or ala carte items, students getting free and reduced-price meals must pay cash or parent may put extra money in the Student Account please call Dining Services at 920-759-6122.

● Keeping track of your account balance

1. If you have an email address or phone number listed in the Parent Portal, we will send you an email notice or a phone call when your account balance has reached +\$5.00. Email notices and phone calls will be sent daily.
2. River View School and Kaukauna High School students may ask about their account balance any time they go through the lunch line.

Website

To access the Chartwells Dining Services Website, go to the KASD website at www.kaukauna.k12.wi.us. After you have accessed the district's website move to the right hand side of the home page under the Quick Links area, click on Food Service and Menus link. You will be able to access all school menus, school dining information, news about Chartwells and links to health and nutritional information.



Good Deal on Meals

The average school lunch costs more than \$2.90 to prepare and serve. The United States Department of Agriculture donates commodities and federal and state funds make up the difference between what the lunch costs to produce and what students pay. The subsidized school lunch is less expensive than a lunch of equal nutritional value prepared and packed at home.

Adults and Visitors Pay a Bit More

Because federal reimbursements and commodities are not received for lunches sold to visitors or school staff, visitors pay more for the food than students. However, the cost is significantly less than what people pay at a restaurant for the same type or amount of food.

Join your Child for Lunch

If you plan to join your child for breakfast or lunch any day, please call the school office by 8 a.m. Your child's account will be charged \$3.65 for lunch or \$2.10 for breakfast or you may pay cash.

Allergies

If your child has any food related allergies, you must contact your school nurse and forward any medical information and forms **yearly** to the Dining Services Office for consideration.

Non-Discrimination Statement

In accordance with Federal law and U.S. Department of Agriculture policy, KASD is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination write USDA, Director, Office of Civil Rights, Room 326-W, Whitten Building, 1400 Independence Avenue SW, Washington, D.C. 20250-9410 or call 202-720-5964 (voice and TDD). USDA is an equal opportunity provider and employer.

Employment Opportunities

Job applicants may contact Chartwells with KASD National School Lunch Program by calling 920-759-6122.



National School Lunch Program Guides KASD Meal Service

The KASD participates in the National School Lunch (NSL) and School Breakfast Programs. The United States Department of Agriculture administers these programs and has established guidelines that must be followed by the District.

NSL guidelines specify the type of meal to be served and the quantities of each food that must be offered. The school lunch provides 1/3 of the Recommended Daily Dietary Allowances for key nutrients as well as sufficient calories to provide for the energy needs of growing children. An emphasis is placed on providing calories from whole grain breads, vegetables, and fresh fruits. Low fat milk is offered. Recipes have been revised to lower the amount of fat, sugar and salt. The nutritive value of products is evaluated so healthy choices are available to students.

GOT MILK?



All reimbursable meals include one carton of milk. Extra milk costs 40¢

SSH! If you qualify for free meals, it will be our little secret!

Your child may be eligible for free and reduced-price meals

Free and reduced-price lunches are available if your family qualifies based on family size and income as established by federal guidelines. Reduced-priced breakfast is 30¢ and reduced-priced lunch is 40¢ for all grade levels. This includes one milk with each breakfast or lunch.

An application must be filled out every year. You may apply at any time during the school year. The On-Line application process is now available on the District web page. If you do not have internet access you may contact your child's school to obtain an application or by contacting Chartwells at 920-759-6122.

- To qualify for free or reduced-priced meals by the first day of school on September 4, applications should be returned by August 24 to allow time for processing.
- Application forms for free and reduced-priced meals will be available at orientations and open houses and on the first day of school. Forms are also available at school offices and on the KASD website any time during the school year.
- Continuing students who received free or reduced-priced meals at the end of the 2017-18 school year will continue to receive free or reduced-priced meals **thru September 2018 only**. To re-qualify

for the remainder of 2018-2019, families **must** submit a new application before September 15, 2019.

- For questions or information about free and reduced-price meals, please call 920-759-6122.

Tips for completing the free and reduced-price application

If you are currently receiving Foodshare, TANF (Temporary Assistance for Needy Families), or FDPIR (Food Distribution Program on Indian Reservations), the only information required is your child's name, the Foodshare, TANF, or FDPIR case number, and your signature.

If you are not receiving any of the above benefits, your application must include the names of all household members and the current amount of income received by each member. Additionally, you must sign the application and include your social security number.

Once the application is returned to the school, you can expect to be contacted within about 10 days. If you are not contacted within 20 days, call Pam Mischler at 920-759-6122 to ask about the status of your application.

Who can qualify for free or reduced meals?

There are two ways to qualify.

1. If you currently receive Foodshare, TANF, or participate in FDPIR, your child is eligible for free school meals for as long as you receive these benefits.
2. If your household's total income is below certain amounts, your child can eat free or at a much reduced price.

****Please Remember**—If your student qualifies for Free or Reduced Price Meal that also includes Breakfast!!

