

# PERTUSSIS INFORMATION

## (Whooping Cough)

We are currently seeing an increased number of Pertussis Cases in the Kaukauna Area. Pertussis is spread by contact with the respiratory droplets from an infected person through coughing. Exposure usually occurs after repeated indoor face-to-face contact.

Look for these symptoms:

### Infants and young children:

- Runny nose, possible mild fever, mild cough for 1-2 weeks
- Symptoms progress to spells of explosive coughing, commonly followed by vomiting and exhaustion
- A loud crowing or “whooping” sound following the cough

### Older Children, Adolescents and Adults:

- Symptoms are usually milder and without the typical whoop

Please contact your health care provider if you think you or your child has Pertussis.

### WAYS TO KEEP YOU AND YOUR FAMILY HEALTHY:

- **COVER YOUR MOUTH AND NOSE** when you cough or sneeze
- **WASH YOUR HANDS OFTEN** with soap and water or use an alcohol based hand gel.
- **STAY HOME** when you are ill
- **AVOID CONTACT** with ill people