

Physical Education

PE 9: Lifestyle & Fitness

PE 9: Sports & Conditioning

Active Lifestyles I

Personal Health & Wellness (CAPP)

Strength & Conditioning

Training for Competition

Kinesiology 201
Strength Training Techniques (CAPP)

Competitive Sports Outdoor

Competitive Sports Indoor

Individual & Dual Sports

Active Lifestyles II

Fitness Leadership
(elective credit)

Coaching & Officiating
(elective credit)